

Chapter 16

Inflammation → injury to liver cells with an influx of acute/chronic inflammatory cells

Foamy Degeneration → material retained bilaterally that gives a diffuse, foamy, swollen appearance

Steatosis → accumulation of fat in hepatocytes

Microvesicular steatosis → many little droplets that doesn't displace the nuclei

Macrovesicular steatosis → one large droplet that displaces the nuclei

Necrosis → Ischemic necrosis, councilman bodies from apoptosis

Centrilobular necrosis → necrosis of hepatocytes around the central vein

Focal necrosis → limited to scattered cells

Submassive necrosis → entire lobule of liver

Massive necrosis → most of the liver

Fibrosis → formed in response to inflammation or direct toxic insult to the liver, irreversible

Cirrhosis → due to continuing fibrosis and parenchymal injury

Jaundice/Icterus → skin and sclera turning a yellow color

Unconjugated bilirubin → water insoluble at physiological pH, cannot be excreted in urine

Conjugated bilirubin → water soluble, non-toxic, can be excreted thru urine

Cholestasis → arise from intra and extrahepatic obstruction and can cause jaundice

 Pruritis (itching), Skin xanthomas, elevated serum alkaline phosphate

 Unrelieved obstruction leads to portal tract fibrosis

Hepatic failure

 Massive hepatic necrosis

 Chronic liver disease

 Hepatic dysfunction without overt necrosis

 Jaundice, hyperammonemia, fector hepaticus, palmer erythema and spider angiomas

Hepatic encephalopathy

 -rigidity, hyperreflexia, non-specific EEG changes, seizures, and asterixis

Asterixis → a pattern of nonrhythmic rapid extension-flexion movements of the head and extremities

Cirrhosis → end stage chronic liver disease has 3 characteristics

 Bridging fibrous septa

 Parenchymal nodules

 Architectural disruption of the entire liver

Major source of the collagen seems to be the fat-storing stellate cell or Ito cell. Cirrhosis Type 1, 3

Portal Hypertension

 Major cause is right-sided heart failure

 Dominant intrahepatic cause is cirrhosis

 Ascites refers to a collection of excess fluid in the peritoneal cavity

Portosystemic shunts

 Principal sites are at the hemorrhoidal veins and cardioesophageal veins (esophageal varices)

 Appears in abdominal wall → caput medusae

Hepatitis A Virus → infectious hepatitis

Hepatitis B Virus → serum hepatitis

 Blood and body fluids

Acute hepatitis → anicteric or icteric

Chronic Hepatitis → symptomatic, biochemical or serological evidence of continuing or relapsing hepatic disease form more than 6 months

Fulminant hepatitis → progresses from the onset of symptoms to hepatic encephalopathy

Alcoholic liver disease

 Up to the time that fibrosis appears the fatty change is completely reversible if there is abstention from further intake of alcohol

 Hepatocyte swelling and necrosis, Mallory bodies, neutrophilic reaction, fibrosis

Alcoholic cirrhosis → over a span of years it's transformed into a brown shrunken, non-fatty organ < 1kg

 Wernicke-Korsakoff syndrome

 Mild elevations of bilirubin and alkaline phosphate

 End stages → hepatic failure, massive GI bleeding, intercurrent infections, hepatorenal syndrome

Hemochromatosis → excessive accumulation of body iron

 Micronodular cirrhosis, diabetes mellitus and skin pigmentation

 Iron is stored as ferritin and can be used as needed, insoluble iron is called hemosiderin

Wilson's disease → accumulation of toxic levels of copper in many tissues and organs

 Based on a decrease in serum ceruloplasmin, increase in hepatic copper content and increased urinary copper excretion

 Keyser Fleuseger rings → seen in the eyes

Secondary biliary cirrhosis → most common cause is cholelithiasis (gall stones)

Primary biliary cirrhosis → destruction of bile ducts, elevated alkaline phosphate and cholesterol levels, hyperbilirubinemia, and autoantibodies

Cirrhosis → MCC of impaired blood flow through the liver. Sickle Cell anemia

Liver cell adenoma is a benign neoplasm of hepatocytes

Most primary carcinomas of the liver arise from liver cells and are termed hepatocellular carcinoma

Less common are cholangiocarcinomas and malignant angiosarcoma → bile ducts

Choledocholithiasis → presence of stones in the biliary tree

Cholangitis → acute inflammation of the wall of bile ducts

Chapter 17

Acute pancreatitis → associated with acinar cell injury, acute onset of abdominal pain resulting from enzymatic necrosis and inflammation of the pancreas

Elevation of pancreatic enzymes

MCC are gallstones and alcoholism

Inappropriate activation of the proenzyme trypsinogen into trypsin inside the acini

Pancreatic duct obstruction caused by gallstone impacting the papilla of Vater

Primary cell injury

Defective intracellular transport of proenzymes with acinar cells

Localization in the epigastrum with radiation to the back is characteristic, elevated serum amylase

Chronic Pancreatitis → repeated bouts of mild/moderate pancreatic inflammation

Carcinoma of the pancreas → arising in the exocrine part of the gland

With carcinoma of the pancreatic head, ampullary region is invaded, obstructing bile outflow

Cancer of the body and tail are large and disseminated by the time discovered

Obstructive jaundice is associated with most cancers of the head

Migratory thrombophlebitis (trousseau's sign) seen with any part of the pancreas

Endocrine pancreas

Beta cells → insulin

Alpha cells → glucagons

Delta cells → somatostatin

PP Cells → pancreatic polypeptide

Diabetes mellitus

Type 1 → insulin-dependent, juvenile onset diabetes

Type 2 → non-insulin dependent diabetes, adult onset

Long-term complications in blood vessels, kidneys, eyes, and nerves occur in both types and are the major causes of morbidity and death from diabetes

Most important stimulus that triggers insulin release is glucose, which initiates insulin synthesis

Insulin is a major metabolic hormone

Type II Diabetes

Insulin resistance is a major factor in the development of type II diabetes

Obesity with reduction of exercise

Polyuria, polydipsia, polyphagia

Hyperinsulism → insulinomas → tumors of islet cells that secrete insulin and cause hypoglycemia, by fasting or exercise

Zollinger-Ellison Syndrome – Gastroinomas – hypersecretion of gastrin that stimulates acid secretion in the stomach

Chapter 18

Hypospadias → abnormal opening of the urethra along the ventral aspect of the penis

Balantitis/balanoposthitis → local inflammation of the glans penis and/or prepuce

Phimosis → when prepuce cannot be retracted easily over the glans

Paraphimosis → stenotic prepuce is forcibly pulled back over the glans resulting in congestion of the distal penis resulting in pain and even urinary retention

Hydrocele is the MCC of scrotal enlargement → accumulation of serous fluid w/in the tunica vaginalis due to infections, tumors.

Hematocoeles → accumulation of blood in the tunica vaginalis

Chyloceles → accumulation of lymph in the tunica vaginalis

Varicoceles → dilated enlarged veins that drain into the testes and feel like a “bag of worms”

Cryptorchidism → failure of testicular descent into the scrotum. Risk of testicular malignancy

Gonorrhea and chlamydia are commonly involved → affected testicle is swollen and tender

Testicular neoplasms are most important cause of firm, painless enlargement of the testis

Acute bacterial prostatitis → caused by E.coli and other gram negative rods

Dysuria, urinary frequency, lower back pain, and poorly localized pelvic pain

Nodular hyperplasia (glandular and stromal hyperplasia) → common abnormality of the prostate

Lower urinary tract obstruction, hesitancy, urinary urgency, frequency, and nocturia

Prostate Carcinoma

Palpable by rectal digital examination

PSA is used for early detection

Syphilis → T. pallidum – crosses placenta

Primary syphilis → chancre at the site of initial inoculation – hard chancre

Secondary syphilis → generalized lymph node enlargement, involves palms and soles of feet

Condylomata lata

Tertiary syphilis → 3 categories

Cardiovascular – syphilitic aortitis

Neurosyphilis – tabes dorsalis

Benign tertiary syphilis – gummas in bone, skin, and mucous membranes

Argyll Robertson pupil

Congenital syphilis → when it crosses placenta – Infantile syphilis, late/tardive syphilis

Hutchinson triad

Notched central incisors

Interstitial keratitis

Deafness from damage to 8th cranial nerve

Gonorrhea → N.gonorrhea

Urinary frequency and mucopurulent urethral exudate manifest gonorrhea

Nongonococcal Urethritis and Cervicitis → MC forms of STDs today

Mucopurulent discharge containing a predominance of neutrophils

Chancroid → third venereal disease

Hemophilus ducreyi → MCC of genital ulcers

Genital Herpes

HSV – 2 is MC, HSV – 1 is next

Episodes of recurrent disease are common during the first several years but tend to be milder and shorter duration

Neonatal herpes → affected thru birthing process

Chapter 19

Lichen sclerosis → thinning of the epidermis and disappearance of the rete pegs

Condylomata lata → result of syphilis, is flat, moist, minimally elevated lesions

Vaginitis → producing a vaginal discharge called leukorrhea

Candida albicans → curdy, white discharge with no odor

Trichomonas vaginalis → water, copious gray-green discharge with foul odor

Cervical intraepithelial Neoplasia (CIN)

CIN I → mild dysplasia – lower 1/3 of epithelium shows changes

CIN II → moderate dysplasia – later ½ of epithelium shows changes

CIN III → severe dysplasia and carcinoma in situ – marked dysplasia to the surface epithelium

Endometriosis → causes infertility, dysmenorrhea, pelvic pain, and other problems

Menorrhagia → profuse bleeding at time of period

Metrorrhagia → irregular bleeding between periods

Ovulatory bleeding → intermenstrual bleeding

Dysfunction uterine bleeding → abnormal bleeding in the absence of a lesion in the uterus

Salpingitis → inflammation of the tubes

Salpingo-oophoritis → inflammation of the ovaries

Polycystic ovaries/Stein-Leventhal syndrome → oligomenorrhea, hirsutism, and obesity in young women

Benign (mature) cystic teratomas → cyst with hair, bone, teeth, cartilage

Ectopic pregnancy → lower abdominal pain and missed period by two weeks

Preeclampsia → development of hypertension with proteinuria and edema

Eclampsia → seizures and convulsions involved